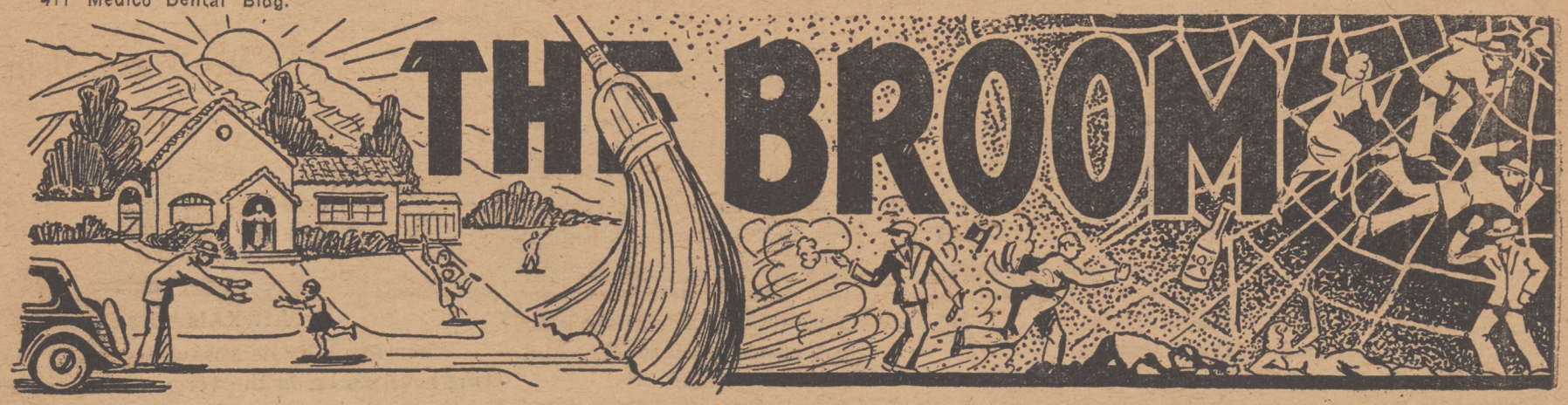
Strahlman, Dr. L. 11-2-42
411 Medico Dental Bldg.

"In hoc signo vinces."



THE BROOM

VOLUME XIII. No. 10. SAN DIEGO, CALIFORNIA, MONDAY, NOVEMBER 30, 1942 $2.50 PER YEAR—SINGLE COPY 5 CENTS

de Aryan Says No Trial in Washington This Year

Latest word from C. Leon de Aryan, who is still confined to the jail in Washington, D. C., is that he is really enjoying his vacation after so many years of toil, although the confinement is keeping him from getting much sun-shine, which he has always received so much benefit from. His inforced rest as he calls it, gives him much time for improving his out-look on life, and he states he has his case well in hand by being able to have sufficient time to study all the angles. He gives out the information that there will be no trial for him this year, and has always maintained that there would be no trial before the middle of next spring.

He has had an attorney appointed to handle his case, but he adds that the rumor has been spread that he (de Aryan) has plenty of backing, and therefore could easily hire his own attorney—still despite this supposed fact, he is still unable to raise the $5000 bail, —and is still in jail.

His visitors are very limited on account of the jail rules, but he is permitted to have publications mailed to him if done so directly from and by the publisher. Fruits and vegetarian foods can also be delivered to him, as well as writing material and cash or stamps, the later of which are kept in the jail office to his credit.

It has been suggested that fifty of his friends put up $100 each and bail him out—and this angle is being worked on, however he and his family are rather anxious to meet these other supposed "wealthy" backers—or even better still would like to know just where this wealth of funds is deposited that de Aryan is supposed to control.

He sends greetings to all his friends and readers and any who may inquire about him.

Mrs. Dilling's Bond Raised to $5,000 At Hearing in Washington

Enters Not Guilty Plea; Husband Denounces Prosecutor's 'Attack' Who is Fond of Calling Defendants Names

WASHINGTON—Mrs. Elizabeth Dilling of Chicago, fiery anti-communist author of "The Red Network" pleaded "absolutely not guilty" when arraigned in District Court on a charge of conspiring to undermine the morale of the armed forces. Bond was increased from $1,000 to $5,000.

She is the lone woman defendant in an indictment returned by the District grand jury July 23 accusing 28 persons of engaging in an alleged plot to spread seditious literature among the Nation's fighting men.

She appeared here after losing a lengthy fight in Chicago against her removal to this jurisdiction, where, she claims, she has "only enemies".

Fashionably dressed in a wide-brimmed black hat and black coat trimmed in silver fox fur, Mrs. Dilling entered her plea. Her husband, Albert W. Dilling, a chicago attorney, was at her side.

Called "Stooge" for Goebbels

When William Power Maloney, special assistant to the Attorney General, accused the defendant of being a "stooge" to Dr. Joseph Paul Goebbels, German propaganda chief, Mrs. Dilling started to rise from her seat in protest, but her husband restrained here.

Mr. Dilling, arguing that his wife's $1,000 bond, set in Chicago, should be allowed to continue, stated that "she has no intention of escaping, be-

(Continued to Page 2)

Greetings Readers

Although the Broom has come out on time, having been regularly printed each week, this is the first issue that will have been delivered to you readers and subscribers, by the Post Office, as second-class mail on time and on publication day since July 20, 1942.

The Solicitor of Mails in Washington, D. C. gave the "go ahead" signal just as we were going to press on this issue. We now feel in a safe position to again accept and respectively and **respectfully,** solicit this class of advertisement as well as regular commercial advertisements and classified.

May we all look forward now to the continued uninterrupted battle for the unabridged right of freedom of expression, either by word of mouth or by the printed word. After all that is only backing up our boys at the fronts in their battle for the four freedoms all over the world, and that includes the United States of America, the cradle of freedom!

Thank you Mr. Solicitor, and also the local postal employees for your co-operation.

Roy O. Akers, Editor.

B

UNEXPLODED BOMB

Editor's Note: Unexploded bombs, those which are dropped by enemy airmen but do not explode immediately on impact, are the most devasting and dangerous of war weapons. Part of the effect of UXB is psychological, the disruption of war production, the feeling that you and your neighbors are figuratively sitting on a "keg of dynamite" which may explode at any moment.

Much of the devastating effect of the UXB can be controlled and its fangs can be

(Continued to Page Three)

How Subsidies Operate In the Land of the Free

By Cecil H. Miller, Pres. Arizona Farm Buraeu Federation

Land of the free! For over 150 years those magic words have thrilled countless millions the world over. Those words have given oppressed people new hope and instilled in them the will to fight on, seeking the ultimate in human existence.

It is difficult, in this day, to put into words just what the land of the free means to Americans and to people who longingly look to far-off America. A better understanding might be had if we could recall what Washington, Jefferson, Franklin, Patrick Henry and other patriots of their time had in mind. They declared that men were entitled to freedom. Freedom of worship, of speech, to follow what vocation suited their fancy, freedom of trade. Above all, these patriots objected to the ways of the old countries and wanted no part in their form of government.

It was so that the Land of the Free was born. The young nation grew and far surpassed the countries that gave it birth. It was inevitable, with our freedom of speech and political views that people from the old world should come among us, still clinging to their old beliefs and ways. It was also inevitable, with our universal privilege of voting, that men should rise to power by promising voters privileges that could not be accorded to all and still maintain our general freedoms.

A Gyp for All

These promises to voters could not be met directly; the people would see that taking from one group and giving to another left each group worse off than before. The answer to the vexing question was solved politically by use of subsidies. Many Americans ask, what is subsidy? A very simple definition might be as follows: "Subsidy is the art of indirectly taking from all the people and giving to part of the people without all the people realizing their loss".

The advantages of this system are many. The ones from whom it is taken do not realize for sometime that it is taken from them. When they do realize, they in turn can receive their subsidy. Those that receive are duly grateful to the giver, the party in power. The Utopia of Subsidy, of course is reached when each group is receiving its subsidy.

The first subsidies in America were land grants, followed by special concessions to manufacturers in the form of tariffs. Railroads were subsidized by land grants and privileges of setting rates. Then postal subsidies were given to the general public and newspapers and publishers. The race for subsidy goes on. We now have farm subsidy for owners of farms, Farm Security for low income farmer groups, medical service subsidy for low income groups and the medical profession. WPA programs for unnemployed. Labor was given the Wagner Wages sand Hours Act. Those who have enjoyed their subsidy for years cried treason when each group received its subsidy.

When Trouble Comes

The disadvantages of government by subsidy rear their ugly heads eventually. It is difficult to give each group its rightful share. Government becomes government by organized groups, the group receiving the most powerful. The receiver of subsidy pays for his subsidy by surrendering part

(Continued to Page Four)

THE BROOM

"NOT AFRAID TO TELL THE TRUTH"

PUBLISHED EVERY MONDAY

Published at 3865 - 43rd St., San Diego, California

Subscription $2.50 per year; $1.30 for 6 months.

PHONE RANDOLPH 2890

FRED de ARYAN, OWNER

Roy O. Akers, Managing Editor and Publisher

Declared a legal paper of general circulation for the County and City of San Diego, in California, by Superior Court order, January 15, 1932.

Entered as second-class matter March 27, 1931, at the post-office of San Diego, California, under the Act of March 3, 1879.

BUREAURACY SLOWING WAR EFFORT

When the news appeared in the press that the National Labor Board was bringing action against the Kaiser Shipbuilding Company, for so-called illegal contracts with labor unions, it occured to me that such action or proposed action, was rather a slap in Kaiser's face, especially in view of the splendid efforts and accomplishments of the Kaiser Company in building libery merchant ships, and building them in record time, and thus aiding the war effort in a really stupendous way. Kaiser, himself has made almost this same remark, except he said it would tend to slow the war effort, if this bureaucratic labor board did anything to upset his organization.

It would perhaps be a far different matter if the employees of the Kaiser Company, were not satisfied with their jobs, or if the labor unions had made complaints to the NLRB, but apparently such was not the case, but rather a 'complaint' made solely by the NLRB just for the sake of having something to do in a 'show' to making believe they were earning their salt.

As a matter of fact, as Babson, the columnist, suggests about "Labor Unions" the board couldn't very well be suspended for the duration. And that could nicely be applied to many of our other bureaus, bureaucrats and the thousands of "essential" office workers connected with said bureaus. As the Senator from Texas has stated "it appears that many of our bureaucrats have been bitten with the same bug that bit Hitler". This same Senator also says that it is strange that our bureaucrats have an inferiority-complex idea that they are the only ones who have any reasoning power and the average citizen needs them to tell us how to run our affairs and business. It does seem rather strange that John Public hasn't the ability to think, and only when a person is appointed to some government job does he acquire the "ability" to reason things out.

This all adds up again to just what we have been harping on for the past several months, i.e., let Americans run the prosecution of this war in a democratic way, and we'll win it in jig time—yes do away with the non-essential government "big-wigs" for the duration—they are only cluttering up the war effort in no small way.

UNIVERSAL BOOT SHOPS
W. L. Douglas Shoes
America's Best Known Shoes
946 Fifth Ave. 1154 Fifth Ave.
2917 University Ave. 4314 University Ave.

Smith & Haight
OLDSMOBILE DEALERS
Better Used Cars
1521 Broadway -:- San Diego

MRS. DILLINGS BOND

(Continued from P. One)

lieves she is not guilty, and is convinced she will beat the charges".

He denounced Mr. Maloney for his "vituperative, unjustified, insulting remarks about this woman defendant" and asserted that "I will stack her patriotism against Mr. Maloney's any time".

Justice Jesse C. Adkins pointed out that that **bond for most of the other defendants was set at $5,000, and he felt Mrs. Dilling's bond should be a like amount.** She was given until that afternoon to make arrangements for the higher bond.

Taken to Cell Block

Justice Adkins also granted Mr. Dilling 10 days in which to withdraw Mrs. Dilling's plea of not guilty and to file any substitute motions, such as a plea in abatement.

After the court proceedings, the red-haired defendant was taken to the court cell block, where she had to remove her turquoise-blue knit gloves to be fingerprinted.

Mr. Dilling said that William Scott Stewart, whom he described as "one of the best lawyers in the country", will represent his wife at the forthcoming trial.

No date has been set for the trial of the large group of defendants, many of whom have entered pleas of not guilty, one of whom is C. Leon de Aryan of San Diego, who is confined to the district jail here as he has been one of the few who has not been able to make bail.

Davidson offers
SEALY
TUFTLESS MATTRESS
A deep soft pillow for the body. Made by the exclusive Air-Weave process backed by over 60 years experience. Matching sets of box spring or mattress, each $39.50

In the Low Rent District !

Davidson FURNITURE
15th & MARKET

The Sun Work Shop

Good THOUGHT

Good WORD — Good DEED

AIRYAMA EXERCISE

When mentally depressed, heart and soul wounded, suffering reverses or on the verge of nervous collapse; let go of the things that cause sorrow, and immediately resort to this exercise.

1. Adjust body into a comfortable position, whether sitting, working, standing or walking. .
2. Throw out your chest to the highest point possible and keep the chest wall right there, allowing no muscular movements. Any movement that may occur will have to be confined to abdomen or solar plexus.
3. Relax every part of the body.
4. Set tongue firmly against lower set of teeth.
5. Empty the lungs and now **inhale** slowly, gently, persistently, and until it seems you cannot possibly inhale any more.
6. This point of absolute inhalation reached, **arrest** all further lung action.
1. **Retain** the breath while counting mentally up to twenty, thirty, or more.
8. Keep relaxed.
9. Now **exhale** with **sighs,** at intervals.
10. When thru emptying the lungs, again inhale as before, and inhale to the highest possible point.
11. Arrest again after the inhalation, and count mentally as before, if possible for a little longer, then twenty, thirty, forty, etc.
12. And again exhale while **sighing.**
13. Repeat this exercise three to five times.

This exercise, taken first thing in the morning and again upon retiring, will aid greatly in mind and heart culture. Used in connection with the Prayer Formula, "Realization", repeated every morning and night, will arrest insomnia, somnambulism, nervousness, sleepy disease, hallucination, obsession, restlessness, bad omen, brain storms and other mental disturbances. In addition, change diet frequently, take short fasts or hunger cure. Fruit and milk diet, according to temperament, is highly recommended.

To keep well always add one teaspoonful of Australian Oil of Eucalyptus to the bathtubful of water. Also gargle with three drops of Oil of Eucalyptus to half tumberful hot water, and swallow last mouthful. Air your room in the morning and sprinkle a few drops of Oil of Eucalyptus about the place. In colds, snuff up your nose one drop of Eucalypus oil to tablespoonful of hot water.—Mazdaznan.

HIGHWAY OF SILVER

Park City in Utah boasts of a "highway of silver". Surfaced with tailings from a nearby mining company, the highway contains deposits of silver, lead and zinc.—S. D. Herald.

Editor's Note: Ray, I am surprised that **you** didn't take the opportunity of coming back at the above boast—you know we in the Golden state must defend its reputation—remember Ray, that Paul Ford paved the highway thru Ramona with gold-bearing gravel—yup, in almost sufficient quantities of gold as to be nearly worth "milling", according to Art Tocque, who was Paul's assistant in the office during that operation.

AIN'T IT THE TRUTH

Over 150 years ago Thomas Jefferson wrote: "Were we directed from Washington when to sow and when to reap we would soon want bread". We may not be directed from Washington when to sow and when to reap but we are directed from Washingtin **what** to sow and **what** to reap and as a result the need for bread and meat is being felt. It is not within the province of government to direct individual activity and whenever it attempts to do so scarcity inevitably follows.

—Cause and Effect, Chicago.

FLESH FOOD IS BAD!

How strange! The animals humans eat live off the plant kingdom and thrive in good health, but man thinks he can eat their flesh and derive the same benefit. Don't you know when you eat the flesh of grass-eating animals you are eating the grass they ate, but now in second-hand form? No wonder meat-eaters have second-hand health.

Is it not logical to assume that if the animals human beings eat are formerly nearly the same as man, and if they can develop to their fullest capacity of growth and strength by living on the products of the plant kingom, that man can equally accomplish the same for his body?

Meat-eaters make a lot of noise and boast about their great strength and supposedly good health. Real, 100% vegetarians use the soft pedal—the proof of the pudding is in the eating.

You can never convince your stomach that Nature intended that it be a cemetery for dead cows, chickens, pigs, fish, and other dead foods. The stomach knows better what is best for it than the opinions of all of the world's scientists and physiologists.

A slim vegetarian, as a rule, is by far healthier and lives longer than a stout person who partakes of animal flesh. His chance for a longer life and survival in good health is definitely substantiated. Check up with the statistics of insurance ompanies and learn the whole truth regarding the life-line meat-eaters versus non-meat-eaters.

One does not make any sacrifice by living within the realms of vegetarianism—it's the meat-eaters who make the supreme sacrifice.

Compare a meal composed of lobster salad, or any kind of fish, meat soup, either roast beef, leg of lamb, ribs of cows, brains of calves, or the carcass of some kind of foul, or any of the conventional meat meals (all of these being dead foods), with a meal consisting of either vegetable broth or vegetable soup, nut loaf or vegetable roast, combination raw vegetable salad, and some fresh, baked, or stewed fruit—all of these foods being live, natural foods. Which meal do you think is more conducive to better digestion and all around good health?

You are told that meat gives you blood and strength. What gives grass-eating animals blood and strength?

You are told that your body needs animal proteins. Do the animals you eat require animal proteins?

You are told that flesh foods are sustaining. What sustains the ox, mule, elephant and gorilla?

And, you are also told that human beings need cod-liver and other fish oils, fish fats and fish roe for their Vitamin D to prevent rickets, for the building of good teeth and bones, and that its absence from a child's diet would stunt its growth. Does this same plan of reasoning apply to the animals that human beings eat? What about vitamin D in butter, egg-yolk and milk, and, best of all, the ultraviolet rays of the sun which contain vitamin D in abundance? So why eat highly toxic food because it contains vitamin D, the same vitamin found in non-flesh foods.

The Pythaforeans were the healthiest and longest lived people of their day, and they were confirmed vegetarians Seven Day Adventists, Unitarians, Trappists, Monks, Hindus, and many other vegetarian people prove that normal development of mind and body can be achieved and maintained without eating flesh food, and that man does not need to kill any animal for his food.

The evils of eating flesh foods are too numerous to mention. If for no other reasons that flesh foods are highly toxic and acid-forming, these two factors alone are sufficient to refrain from indulging in such edibles. What could be more filthy and disgusting than the carcass of a dead animal? And, furthermore, what could there be more horrible and degrading than to kill a living creature for the mere sake of eating its blood and flesh?

The vegetarian plan of eating is the most ideal for the human family. Many great thinkers of the past have thought so. Some of them were Plato, Diogenes, Seneca, Socrates, Plutarch, Aristotles, Galen Buddha, Confucius, Zoraster, Voltaire, Emerson, Russeau Homer, Tolstoy, Metchnikoff, Ella Wheeler Wilcox, Dr. Trall, Dr. Sylvster Graham, Dr. Benjamin Rush, Benjamin Franklin, Horace Greely, Maeterlink, Annie Besseant, as well as thousands of other great men of the past.

—How To Live, Sept. 1942.

LEMONGROVE
ALFA-MINT
from the
Producer to the
Consumer
4 OUNCES 35c
Write for free sample.
ASK for instructive literature.
JOHN LOVRANICH
Instructor of Physical Education
1334 "F" Street
San Diego, California
MODERN HERB CENTER
1132 Seventh Avenue

Cigarette, Moth
HOLES Rewoven, $1. up;
with this ad. 50c off.
HAYES MENDING
2139 El Cajon J-1145

SHOES SCIENTIFICALLY FITTED
WAHLGREN'S
North Park
BOOTERY
Honest Values in
Shoes and Repairing
3005 University Ave.

democracy

By Charles H. Ingersoll

(Of Dollar Watch Fame)

NEW YORK (Radiocast)—

DEMOCRACY'S APPEAL TO BUSINESS (Continued)

The Communist-Unionists or Laborists trend is accounted for in the common consciousness that **labor is exploited.** and that these Marxisms are at least partly true to their claims of a cure for the wrongs of labor. Reflect on these two phases of public opinion and you will realize what an opportunity they present for major operations of political and labor racketeering, using the masses of honest but ill-educated people as their field of operation. Then reflect on the refinement of this opporunity, presented by an underlying economic system that has transferred the tax burdens from monopoly where they exclusively belong, to the 132 million consumers where they double prices, halve consumption, and create unemployment and poverty. Neither the politician nor the labor manipulator has moved for a change of this system. This move would require statesmen and real leaders of labor, with at least a concept of the rudiments of basic economics. Statesmen would find that sound politics could use only sound economics, which would automatically give labor all its earnings, through giving capital ALL its profit.

The Government of Australia, being on the mat in a conference between Premier Curtin and heads of 81 unions, reminds us that no tricks are being overlooked by these patriots, even in the lesser divisions of war distress.

In England they are driving boldly into Communism and in the U. S. A. it may be conservatively said that they have everyone guessing. I wonder if it would be in order to conduct one of those congressional investigations into Union participation in the draft and at the front? It might strike many administrative leaders as being very damaging to 'Union morale' to so disturb it by calls from draft boards.

War is a poverty disease. War and poverty must go out together; and both are issues of common interest. This is 'reform' doctrine; but it states the absolute and pragmatic intrest of all people. No one can be so degraded as not to have a vital interest in the destruction of war and poverty.

UNEXPLODED BOMB

(Continued from P. One)

drawn if every man, woman and child plays his part in starting the machinery set up by the Western Defense Command and Fourth Army and the U. S. Office of Civilian Defense for the Ninth Civilian Defense Region. In this article we will tell you about your part and your responsibility in this phase of warfare.

No. 3

One of the foremost rules of Civilian Defense is complete cooperation with your Air Raid Warden. He has been selected and trained to perform a number of duties for your protection and safety. He may have to require you to do things during and after an air raid for which you may not recognize the need or justification. Your best bet is to do them anyway and as soon as he has requested you to do them.

In dealing with unexploded bombs you too have a responsibility, which for your own safety you must not neglect. This responsibility is to give information to your Air Raid Warden about the suspected presence of unexploded bombs.

UXB do not bury themselves deep in the ground, rip througt buildings or homes without leaving some disturbance behind. It may be a hole in the roof and floor of your home. It may be a small or large crater in your yard. It may be a hole in the sidewalk or street pavement.

All of these disturbances may indicate that an unexploded bomb has buried itself deep under them.

Your job, and the job of every man, woman and child, is to call these evidences immediately to the attention of your Air Raid Warden. If he cannot be located immediately, tell the nearest policeman.

From there on the UXB is NOT your responsibility. A trained and perfected organization is ready to go into immediate action to safeguard you and your family as soon as it has been determined that an UXB has planted itself in your neighborhood. But the trained staffs cannot safeguard you, if they have not been informed of the possible location of an unexploded bomb.

(Continued Next Week)

HOW SUBSIDIES OPERATE

(Continued from Page One)

of his freedom.

If you have had the patience to come this far with me, you doubtless are ready to quit, saying to yourself here is another user of words and worker of theories. In order to refute your estimate of me, I believe it worth while to risk a little personal history. It might be well to do this to prevent some vociferous patriot of 1942 edition from shouting "fifth columnist" and "un-American".

My mother was a Georgian. Her people all fought for the Southern cause. Their ancestors came from England to get away from European ways. My father was born in Missouri. His ancestors came from Pennsylvania and fought on the Northern side. My grandfather moved to Texas in 1858 to get more room. They took with them good Missouri livestock. The stock was chained to their wagons at night to prevent Indians from stealing and eating their horses and mules. My father in turn came to Arizona in 1909 as Texas was getting crowded. Myself, I was raised on a farm, studied agriculture at Oregon State College and since 1921 have been farming, raising cattle and fattening them.

So you see, my viewpoint is rather narrow. Yes, I have been over the U. S. a little, but still am not enlightened as to the theories and ideaologies of government and human existence. I have, however, learned a little practical agriculture. We have read so much from experts, it seems that some uninformed layman should tell the unenlightened side of the picture.

Since 1932, Agriculture has had more experts administering to its ills than a fainting woman at a country picnic. We were told that we produced too much and that we never would get by unless we cut our production, killed our hogs, plowed under part of our crops and in general practiced scarcity. Our experts in government agreed to pay farmers and livestock men for this. Of course, the subsidy had its advantages to both agriculture and government. This happy arrangement went along fine. Large numbers of departments and thousands of personnel were required to work the program.

Agriculture Rebels

Unfortunately, this state of bliss could not last. The farmer and livestock people still are pretty close to nature and have that love of freedom burning deep in their souls. The question of a third term and their knowledge that subsidy was another attack upon their freedom, caused Agriculture to repudiate the administration in the last presidential election. Retaliation for this lack of gratitude was prompt and sure. Farmers are charged now with higher living costs and responsibility for inflation is laid at their door.

This is done regardless of the fact that, using the parity index of the base period 1909-1914, Agriculture is 151 per cent while hourly wages of factory workers are 397 per cent. Labor has been lured from the farms by high wages on government war projects. Wages ranging in this state from 86½c per hour to $125 per week is common.

In 1919, cash wheat sold in Chicago for $3.50 per bushel, today it is $1.47; cocoa was 22c, today 9c; cash lard was 40c today 13c. Hides sold for 60c per pound, today 15½c is the fixed price. Cotton sold for 43c, today it is 20c. Sugar 23½c, today 5.6c is the fixed price. Many others show the same ratio. The only farm prices that are high are the crops that people could not produce in the last few years due to low prices, and now there is not enough to go around. Eggs, butter and fresh vegetables are examples. Recent surveys in New York City disclosed that nearly 40 per cent of the cost of foods was assessed against the food after it came inside the city limits.

Apparently it was felt by the Administration that Americans would not built guns, airplanes, munitions, air fields and so on, unless Government subsidized labor with the highest wages in history and plant owners with tremendous profits. This war is a struggle for our national existence. Every man, woman and child has an equal stake. No one who knows the working man and woman can question their love of country. We were told before the war that in the next war there would be no profits for anyone, that all would have to give up everything except the reasonable necessities of life. I don't believe that over 2 per cent of the people objected to this. Certainly farmers, livestock men and the other workers of the country did not. The war is costing twice in dollars what it should. Why?

Wasted Effort

The answer lies in the accepted practice of subsidy in America. Why should wages and profits soar and then recover the difference by taxation? It would be much simpler to cut costs—less hardships and many less departments and bureaus. Above all, our energies could be devoted to winning the war. It is difficult to estimate the man hours required to administer the subsidy programs.

An example of how deeply imbedded the practice of subsidy is in this country is evidenced by this statement of fact. Last fall, the outlook for long-staple cotton in Arizona was bad. Financing agencies were threatening to cut off finances to the grower. Our ships carrying lend-lease to Egypt were bringing back long-staple cotton. Growers in Arizona held a conference with one of our U. S. Senators. They pointed out that long-staple cotton was the only substitute for silk in making parachutes, ballons, machine gun belts and many other war essentials. Also pointed out the liklihood of losing our source of silk and being cut off from Egypt. The growers urged the Senator to help stop the importation of Egyptian cotton, so that our domestic price would warrant the growing of cotton in Arizona. The Senator told the growers that the only answer was a subsidy by the Government. This Senator is intelligent. He knew that the only way the problem could be solved in Washington was by subsidy. Since then the silk supply has been cut off. Arizona has been asked to triple her acreage in long-staple cotton.

Now as to Agriculture. Not much was needed to be done for Agriculture in 1932. Transportation needed to be brought up to modern stage of developmnet and cost reduced. Subsidies granted to railroads, steel companies, all manufacturing concerns, prevented the leveling off of their products and services to match lower income of Agriculture and other outside groups. These subsidies were in the form of patent rights, trade restrictions, monopolistic practices, the rights to set and maintain prices for services and products where no competition existed. Wages in these protected industries were held at the same level.

Would Be Too Simple

The easy and quick way of leveling off the high spots so business could move freely would have been to take the government subsidy away from the controlled few. Such action of course would cut down the amount and numbers of government agencies. It would also cut down the obligation of the various groups to Government. The result of all this is that Americans today are as muchly governed as any people of the world.

Of course these are simple thoughts of a simple citizen. Our government today reminds me of a tractor that was put out in the early days of tractors. I had one. It was big and impressive. There were more gadgets than you could count. They were rated at 50 horsepower. We frequently had to send mules to pull it out of plowed fields and sandy lands.

This indictment is not directed at any party or individual. Both of our political parties vie with each other in building this government of subsidy. A great many of our governmental programs are imported from Europe. There are a good many Americans who wish to import more European ideas. The fall of all forms of government throughout the ages has been due to the complexity that grows up in government. Sooner or later, Americans will waken to the fact that a minimum of government is the only safeguard to freedom and democracy.

If we Americans want our freedom back, we must simplify our government. Do away with all subsidies among us Americans. The politicians will tell you it can't done, but it can. But you cannot have both your freedom and subsidies. The four freedoms that we read about are not free if they come from government. The only freedom that man ever had comes from himself.

If this is treason to Democracy and Freedom, then the Revolutionary War was fought in vain.—The Vista Press.

CHIROPRACTORS

DR O. R. WAGNER, D. C. 2863 Fifth Ave., Phone Jackson 1439.

DR. R. J. McBRIDE, D. C., 411 Fifth Ave. Bldg., Main 1466.

PINTLER & IRISH, 1956 Fifth Ave., Phone Franklin 4988.

OLIVES

GIFFORD'S California Olives.

TAILORS and CLEANERS

GEORGE A. SAUL, Tailor— 1115 Broadway

READ:—

"War Is A Racket", by General Smedley Butler, ... $1.00

For Better Understanding—

The Moffatt Bible—B4 a splendid gift number, ... $7.50

Herebert S. Mace
Artesia, California

ELECTRICAL APPLIANCES

HEILBRON ELECTRICAL CO., 866 Sixth Ave., Franklin 7847.

For Healthy Young America

HERE'S a victory dish that's all young America could wish for... plenty of calories, vitamins and minerals to build strong muscles, teeth and bones . . . and Older America will like it too!

☆ THIS WEEK'S ★ VICTORY DISH

MEAT BALLS

Ingredients: 1 lb. ground beef; 3 tbsp. minced onion; 1 tsp. salt; ¼ tsp. pepper; 1 egg; 4 slices dry toast; 1 c. water; 3 tbsp. bacon drippings; 2 tbsp. flour; 1 c. milk.

Method: Combine meat, onion, seasonings and egg. Soak toast in water; squeeze dry. Add to meat mixture. Mix well. Shape into 12 balls. Brown balls in fat; remove from pan. Make a gravy of fat, flour and milk. Place meat balls in gravy; cover, simmer 10-15 minutes.

★ ★ ★ *Serve with* ★ ★ ★

Whole kernel corn, red cabbage slaw; fruit cup.

SAN DIEGO GAS & ELECTRIC COMPANY